

Sounds of the world

Instructions & attached files

Thank you for helping us with the podcast! **The “Sounds of the world” section aims to transport our fellow travelers to different parts of the globe through sound.** We’re looking for both know and unknown places, from everyday life to a trip to nature, from a train ride to a bustling market, from a religious chant to a fireworks festival. **All will be welcome, as long as the main sound is distinguishable and there’s not a lot of background noise.**

You can send **1 to 5 audio files** (each sound may be used in different episodes). **Each recording should last between 30 and 60 seconds.** The accepted audio formats are **MP3, WAV, AIFF** or AAC.

Please, **fill the following table with the information on the attached audio files and send it to contact@troublewithme.com with the following title “Trouble with Me: Sounds of the world”.** If sending them as e-mail attachments doesn’t work for you, you can also send us a download link to WeTransfer or any other file sharing system. You may also use our [Google Form version](#) for the purpose. Thanks again for your help!

Name of the file	Where was it taken?	What are we hearing / seeing?
(e.g. new-york-subway.mp3)	(e.g. New York, USA)	(e.g. a street performer playing on the subway)
(e.g. new-york-ferry.mp3)	(e.g. New York, USA)	(e.g. a ferry announcement of the arrival at Ellis Island, Statue of Liberty)
(e.g. new-york-sport)	(e.g. New York, USA)	(e.g. a street-basketball in Harlem)

Personal information (so that we can briefly present yourself to the audience)

- **Name and pronouns:**
- **City and country:**
- **E-mail** (just in case we needed to contact you):
- **Social media handles** (optional): (e.g. Twitter, Instagram, TikTok, Twitch, your personal site’s URL, etc. We would share them on our podcast’s website).